

# Shedler QPD Panel (v7.5)

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**Name:** John Doe

**Sex:** Male

**ID:** 123456789

**Age:** 29

**Date:** 10/29/2007 3:14:24 PM

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## Diagnostic Report

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Test	Results		Reference Range
	within range	out of range	
Depression*		19	0 - 10
Manic Episode	0		0 - 3
Anxiety		14	0 - 10
Panic Disorder	4		0 - 8
PTSD		3	0 - 2
Bulimia	1		0 - 4
Alcohol / Substance Abuse	2		0 - 2
Somatization	3		0 - 11

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### Notes:

- Patient appears to meet criteria for Dysthymic Disorder (300.4)
- Clinically significant anxiety (secondary to depression)
- Patient may meet criteria for Posttraumatic Stress Disorder (309.81)

\* 11-14 mild / 15-19 moderate / >19 severe

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## Depression Symptoms

- depressed mood, more days than not, 2 years or longer duration
- diminished interest or pleasure in activities
- appetite loss
- insomnia
- agitation
- fatigue, loss of energy
- feelings of worthlessness or guilt
- impaired concentration
- diminished self-esteem
- thinks about death

## Anxiety Symptoms

- excessive anxiety or worry
- worried about multiple things
- feels unable to stop worrying
- restless, keyed up
- easily fatigued
- difficulty concentrating
- irritability
- sleep disturbance
- feels helpless and overwhelmed
- frequent dizziness or lightheadedness
- anxiety causes trembling or shaking

## PTSD Symptoms

- intrusive recollections of traumatic event
- avoids stimuli associated with traumatic event
- difficulty falling or staying asleep
- irritability
- difficulty concentrating
- hypervigilance

Trending: Depression and Anxiety Over Time

